

# This Is How You Can Survive A Falling Elevator

By **Christine L. Fields**



Have you ever experienced the feeling of getting stuck in a falling elevator? if no, then, let us tell you that it's the worst thing in the world that can ever happen to you! It is a total nightmare and a terrible incident that can end your life in no time!

It's true that this scenario is very unlikely to happen but what would you do if you found yourself in such a situation? It's quite a challenging question as you would never want to imagine yourself in such a horrifying situation But it's good to keep in mind that accidents can happen and the best way to remain safe is to know how to properly act!

Here are some very useful tips and recommendations of scientists and engineers that can help you get out of a falling elevator alive!

# 1 NO MATTER WHAT HAPPENS DON'T TRY TO JUMP AT THE MOMENT OF IMPACT



© pinterest

Many people in such a horrific situation try to jump thinking that by doing this, they would reduce the speed of the fall, which is definitely not true. In fact, jumping on a falling elevator is not as easy as it might seem. So, you'd better avoid doing it!

In addition, the jump will reduce the speed of your fall by exactly the same amount that it's actually occurring. Also, while jumping you cannot predict in which part of your body you will land on. Hence, you might end up with serious and dangerous fractures and injuries.

## 2 NEVER STAND UP STRAIGHT



© Zagorje.com

If you find yourself stuck in such a situation, try not to freak out! We are fully aware that it's hard to keep calm and control your nerves but also freaking out won't do you any favor. So, the best thing to do is to lay down on the floor and try to take a deep breath.

No matter what happens don't stand up straight as when falling, a weight that is ten times greater than yours is going to come down on your legs, which eventually may lead to extremely serious injuries that can cause your death. Remember, you will be stuck and it will take them some time to get you out.

### 3 THE BEST POSITION YOU CAN ADOPT DURING THE FALL



© Gif

We have no intention to scare you and because your safety matters, we are trying hard to give you some useful information that can save your life when this kind of accidents occur. So, if it happens and you take the lift and you feel that it's falling, then, quickly lay down on your back in the floor of the elevator and just get ready for the blow.

The reason why this position is safer is that it makes the strength of the blow to spread all over the areas of your body and cause fewer injuries than when you are standing straight or adopting any other position

## 4 SIT AND BEND YOUR KNEES IF THERE ARE PEOPLE WITH YOU IN THE ELEVATOR



© YouTube

In case there are other people with you in the elevator when the accident occurs and it's impossible for you to lay down on your back, you should sit down on the floor and bend your knees. Also, ask the people with you to do the same.

However, if they refuse to listen and start yelling at you, don't take it to heart. They are terrified, shocked, and expect to die at any minute. So, if you are aware of how to get out alive, don't hesitate to save their lives and help them get out alive too! They will be really grateful later on!